

Speed + Strength Camp Release of Liability and Assumption of Risk

I, the undersigned being aware of my own health and physical condition, and having knowledge that my participation in any exercise program may be injurious to my health, am voluntarily participating in a physical activity. Having such knowledge, I hereby acknowledge and release any representatives, agents, and successors from liability for accidental injury or illness, which I may incur as a result of participating in the physical activity. I hereby assume all risks connected there with and consent to participate in said program. I agree to disclose any physical limitations, disabilities, ailments, or impairments, which may affect my ability to participate in this speed camp. I choose to participate of my own free will. In consideration of the permission to participate extended to me and for the services furnished to me I do hereby for myself to forever discharge any and all claims, demands, actions or lawsuits on account of my injury or death that might occur as a result of negligence on the part of myself or other persons affiliated or not affiliated with this contract. By typing my name below, I (we) affirm that I (we) have read and understand all of my (our) rights as outlined in this agreement.

Athlete's Name _____ Date _____

Guardian's Name _____ Date _____

